

Consultant & Trainer Profile

Andrea Urban

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Career and Education

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|-------------|---------------------------------------------------------------------------------------------------------------------------------------|
| since 2014 | Freelance systemic consultant, coach, mediator, trainer and project partner for management and organizational development |
| 2011 – 2014 | Part-time freelance activity as systemic consultant and coach |
| 2008 – 2011 | DBVC-certified training as systemic consultant in organisations at the Institute for Systemic Consulting (ISB) Wiesloch |
| 2007 – 2014 | Senior property manager, authorized signatory at Vodafone Holding GmbH and Vodafone GmbH |
| 2004 – 2007 | Parental leave |
| 2001 – 2004 | Senior property manager, authorized signatory at Vodafone AG |
| 1995 – 2000 | Property and project manager, authorized representative at Mannesmann AG |
| 1991 – 1995 | Degree in Business Administration at the Düsseldorf Academy of Administration and Economics
Graduation: Dipl.-Betriebswirtin (VWA) |
| 1993 – 1995 | Personal Assistant to the Management Board Oil and Gas Plants at Mannesmann Anlagenbau AG |

- 1989 – 1992 Project assistant for a major Saudi Arabian oil pipeline project
with Mannesmann Anlagenbau AG
- 1989 Translator and commercial employee
with Essener Hochdruck-Rohrleitungsbau GmbH
- 1988 – 1989 Translator, interpreter and commercial employee
with Timelec S.a.r.l. Paris,
on behalf of apra-norm Elektromechanik GmbH
- 1986 – 1988 Translator and commercial employee
with Essener Hochdruck-Rohrleitungsbau GmbH

Additional Qualifications, Advanced Training & Further Education

- 2018 - 2019 Systemic coaching, UTA Academy, Cologne, trainee
- 2016 – 2018 Mediation and conflict management, Academy von Hertel,
Hamburg
- 2017 Agile coaching and next leadership, UTA Academy
- 2015 – 2016 Systemic organizational and structural constellation work,
UTA Academy
- 2016 Zen in Coaching, UTA Academy
- 2013 + 2015 Systemic organizational and structural constellation work,
SySt, Matthias Varga von Kibéd, Königswinter
- 2011 – 2017 Provocative style in consulting and therapy,
Improvisation techniques, Frank Farrelly and DIP, Munich
- 1988 Language study stay in Bléré, Tours, France,
EU Scholarship of the Carl Duisberg Gesellschaft
- 1984 - 1986 Foreign-language business correspondent English and French,
(IHK Duesseldorf, Chambre de Commerce et d'Industrie de Paris,
Berlitz-School, Essen)

Work focus & project experience

- Creation and realization of national and international seminars, coaching, mediations, trainings and projects in German and English language
- Creation and implementation of seminars and trainings for specialists and executives on leadership, self-management, communication, role clarification, conflicts, responsibility, commitment, dealing with change.
- Coaching and consulting of specialists and executives for career development, potential development and personality development
- Accompanying and coaching of specialists and executives in the context of change processes, for professional (new) orientation and (new) positioning, outplacement, outsourcing
- Training and coaching on 50 plus topics, perspectives and initiatives
- Systemic consulting and process consulting on corporate succession and generational change, participation in M&A projects
- Conception and implementation of national and international conflict management seminars, e.g. also for Russian, Ukrainian and Israeli customers
- Carrying out mediations in economic and personal context
- One-party mediations for well-founded preparation for multi-party mediations as well as difficult negotiations, clarification of different interests, complex issues and development of strategies
- Creation and implementation of team developments
- Moderation of workshops, collegial consultations and open space conferences
- Design and organization of conferences and large group events
- Conception and implementation of intercultural workshops in the context of onboarding processes for international managers and their families
- Long-time voluntary commitment in the coaching association International Coachfederation (ICF)

National & international project experience according to industries

- Automotive industry
- Education
- Services
- Financial services and holdings
- Real estate
- Mechanical and plant engineering
- IT
- Logistics and transport
- Public administration
- Pharmaceuticals
- Steel industry and trade
- Telecommunications
- Management consultancy



Foto: Heinrich Zille, Berlin; Handstand 1900
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